Kit List

Overnight

Kit Bag

- -Sturdy Large Kit Bag
- -lined with garbage bag/waterproof bag
- -Wearable (Backpack/Duffle you can wear)
- *Often, you will have to hike a distance to get to camp site from the road.

Personal Hygiene Kit:

- 1 Face towel
- 1 Wash Cloth
- 1 Bar Soap
- 1 Deodorant
- 1 Toothbrush and toothpaste
- 1 Dental Floss
- 1 Foot Powder
- 1 Brush/Comb
- 1 Pack of Wet Wipes

Males

Razor and Shaving Cream

Females

- 3 Hair ties
- 3 Barrettes (black only)
- 2 Hair Net
- *Extra Personal Hygiene Equipment*

Packed Clothing:

- 8 Socks
- 4 Underwear
- 3 T-shirts (no tanktops /muscle shirts)
- 2 Sweater
- 3 Pants (No Jeans)
- 3 Toques
- 4 Mitts/Gloves
- Appropriate Alternate Footwear (Winter Boots, Hiking Boots)
- *note* this is a second pair in addition to what you are wearing

Wear to the FTX:

Warm Winter Jacket

Snow Pants

Winter Waterproof Boots

Sleep Kit:

- 1 Sleep wear (pajamas)
- 1 Pillow (Portable/Inflatable)
- Small Blanket

Daypack Kit List:

Essential Items:

- -Flashlight (with Red Lens if possible)
- -Extra Batteries for Flashlight
- -Lip Balm (Spf lip balm encouraged)
- -Sunglasses
- Multiple Pair of Socks in Sandwich bag
- -Toque
- Multiple Winter Mitts/Gloves
- -Water Bottle (NO THERMOS)
- -Sweater
- -Notepad
- -Pens/Pencil
- -Watch

Points to Note:

*NO CELL PHONES OR ELECTRONICS!!

All electronics are prohibited and will not
be reimbursed by Corps if broken*

No Food

<u>Use Common Sense and Pack appropriately</u> "Pack Light Freeze at Night"

Permission Form signed by parent/guardian

Health Card is mandatory!!